

**renfrew county catholic district school board**



NOTICE

Recent testing of the drinking water has shown that the sodium content of the water at Our Lady of Grace Catholic School is 112 mg/L. The recommended level is 20 mg/L.

Please consult your physician with any concerns regarding your sodium intake.

Persons suffering from hypertension or congestive heart disease or those on a sodium-restricted diet should use an alternate source of drinking water.

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